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October 29th, 2008

diy project: alexandra hedin's family portraits

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[alexandra hedin](#) is a lifestyle and entertaining expert in the beautiful pacific northwest. her work is always so lovely and i was thrilled to hear from her about sharing one of her diy ideas. she came up with a quick and easy (and affordable!) way to create modern silhouette "portraits" of your family (or pets) and was kind enough to share her project here today. you can [click here](#) for the full instructions or just click "read more" below. thanks again to andrea for sharing this with us. you can [click here](#) to see more of andrea's geat ideas for cooking, decorating and parties (you can also catch her work in seattle's [425 magazine](#))

What You'll Need:

1. Camera
2. Printer (or have your pictures printed at a copy center)
3. 8.5" x 11" labels
4. Scissors
5. A Canvas of your choosing
6. Paint



How-To:

- Step 1: Take a picture in profile
 Step 2: Print profile picture on an 8.5" x 11" label (Available at office supply stores)
 Step 3: Cut out the profile using fine tip scissors. Be sure to catch all of the details!
 Step 4: Remove the backing of the label and apply the outer part of the label to a canvas. I had pre-painted mine with a chocolate brown paint and let dry overnight.
 Step 5: Using the label as a stencil, fill in the negative space with paint that contrasts the base canvas color.
 Step 6: Remove the 'label stencil' and let dry.
 Step 7: Touch up the edges of the profile with base color of paint if needed.



17 comments

[Leigh](#) said:

October 29th, 2008 - 12:02 pm I love this idea.

[VisualLingual](#) said:

October 29th, 2008 - 12:19 pm Brilliant and seemingly so simple! I can't wait to try this myself. I also really love the bedroom photo!

[maura](#) said:

October 29th, 2008 - 12:26 pm fun project and love the pillow cases!

i am in search of the perfect shade of gray paint for my bedroom if anyone has any ideas, that would be great!

.maura

[Stacey](#) said:

October 29th, 2008 - 12:38 pm Thank you for the step by step instructions, great idea!!

[diane](#) said:

October 29th, 2008 - 12:58 pm great idea!
 i just did the same sort of project...
<http://dianemeriam.blogspot.com/search?q=profile>

the.mediatrix said:

October 29th, 2008 - 1:03 pm This is great! Sad though, too, because she has the sheets from Anthropologie that I would LOOOOOVE to have, but alas cannot. Beautiful room though!

[Mandy Ford](#) said:

October 29th, 2008 - 1:19 pm What an absolutely adorable project! I've been wanting to do silhouettes of my twin boys and this is something I might actually have time to do! :)

Shannon said:

October 29th, 2008 - 1:38 pm Gorgeous!!

Where are those pillowcases from?

Meredith said:

October 29th, 2008 - 2:11 pm The pillowcases are from Anthropologie. They are made by DwellStudio and are from the Chinoiserie collection

eh said:
October 29th, 2008 - 2:11 pm Maura, try Pebble Beach from Benjamin Moore. We stole it straight out of Domino and it's really beautiful.

Abha said:
October 29th, 2008 - 2:32 pm Those silhouettes look lovely and go perfectly with the room, but isn't the trend getting a little old? It's sort of become the new "Keep Calm and Carry On"...

[Amber Weinberg](#) said:
October 29th, 2008 - 2:56 pm super cute

[DecorPad](#) said:
October 29th, 2008 - 3:57 pm Fantastic! What a great idea!

[maura](#) said:
October 29th, 2008 - 10:22 pm thanks for the paint recommendation and nice to know where the sheets came from!

[kelly jo](#) said:
October 30th, 2008 - 6:05 am this is soooooooo fun and i can't wait to try it. i'm all about color, so i'm envisioning blues and greens with a pink silhouette or something. thanks for the inspiration!

[My First Kitchen](#) said:
October 30th, 2008 - 8:17 am GREAT idea. This so doable for people, and I love that the color possibilities are endless!

[Emily](#) said:
October 30th, 2008 - 8:38 am I love this... an easy to make family heirloom.

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